The Weeks Ahead

Week 9
Monday – Peer Support Groups, Young Leader’s Day, Sydney
Tuesday – Lockdown and Evacuation Drills
Thursday – WCoS Principals Meeting
Friday – Concert Band

Week 10
Monday – Peer Support Groups, PSSA Cricket Knockout Round 2
Wednesday – Cross Country Carnival
Thursday – Easter Hat Parade K-2, Last Day Term 1

Lockdown and Evacuation Procedures

This Tuesday will see our whole school proceed through a mandatory ‘mock’ evacuation and lockdown process. Our teachers will discuss, explain and answer questions with their class about these procedures and talk about what to do, how it is to be done, as well as why we might need to do this in the future. Parents, please take the opportunity to also discuss this with your children and allay any fears that occasionally (although very rarely), some of younger children may have. Our explanation, from a school perspective to the younger children as to ‘why’ we may need a lockdown tends to focus on things like extreme weather like a hailstorm, excessive smoke from a fire or a nearby gas leak whereby the air might not be safe outside. For an evacuation we discuss things such as a bushfire close to the school or something dangerous in a classroom that might require us to go to a nice safe open spot in our school grounds.

Run Forrest Run!

Our annual Cross Country Carnival is only ten days away! All students from K-6 will don the joggers and pound the pavement as they compete for King and Country ... well, for the Sports House and a spot in the Zone Team anyway. Our 5 to 7 year olds will compete in a shortened ‘backfield’ circular course after lunch on Wednesday April 1st, and our 8/9s, 10s, 11s and 12s will run a longer track combining our back field and the pathway around the perimeter of our school. The 8/9s and 10s will run 2km and the 11s and 12s will run 3km as per the zone distances. The 8/9 years division run together as that is also the format in which they will have to compete at the zone. The youngest division at the Eastlakes Zone Cross Country Carnival is the 8/9 years age division. Those that run in the first four places in the primary events automatically qualify for the Eastlakes Zone Cross Country on Friday April 24th at Barton Oval, Belmont. Parents, here is a great opportunity to get the joggers out and run some kms over the next week or so as you prepare your finely tuned athletes for the event.

Reminder to our Cake Stall bakers, please bring your baked goods to the Staff room on Friday afternoon, or to the Cake Stall first thing Saturday morning. Thank you.
CSPS Athletics Carnival Date & New Venue Released To Fox Sports

For those keen to know well ahead of time, our Athletics Carnival will be held in Week 6 of Term 2, on Thursday 28th of May. All students from Kinder to Year 6 will participate in events including - 100m, 200m, 800m (shorter for infants!), high jump, shot putt, long jump and some novelty and ball games events.

Please note that this year we have had to change our ‘usual’ venue from Dudley as it has closed as a Little Athletics venue. Our new location is Neegulbah Oval on Lawson Road at Macquarie Hills. This oval is a dedicated Little Athletics oval and has all the correct equipment and field markings and comes with great canteen and other facilities which we are able to utilise on the day. A big thank you to Greg Jones at Cardiff Little Athletics for his assistance and support with our carnival.

♫ ♪♫ Grab Your Easter Bonnet, With All The Frills Upon It ♪♫

On our final day of term, Thursday April 2nd, our infants will cast off their CSPS hats and adorn themselves with crafty headwear that will no doubt be the envy of all the world’s greatest fashion designers! Our students will create their marvellous masterpieces in class as part of their arts and craft lessons and then parade them proudly for parents and public. All are welcome to attend and we will commence the parade just after 9am under our COLA area.

Easter Raffle Donations

Each year our Easter Raffle raises a very healthy amount of money that goes toward educational resources. We ask parents to consider donating Easter appropriate goods for our prizes such as Easter Eggs, baskets, Easter activities, vouchers... be creative! Our P&C will administer the raffles.

This Week’s P&C Shopping Spree

Our wonderful P&C this week have once again outdone themselves! Our school continually adds so many practical resources to our classrooms and facilities, a legacy of an amazingly hardworking and generous P&C Team. Check out the photos of the latest additions to the family!!! One very super duper oven for the canteen ….. two of the hugest eskies known to mankind that will be used for all kinds of great events and ……. two brand spanking new air conditioning units for our Hall. Our newest additions are named Hot, Cold and Coldest!

EBL In The Zone!

Union and League may have SBW (Sonny Bill Williams) or SKD (Shaun Kenny-Dowell) reaching stardom but CSPS has its own EBL (Eli Barnes-Loxley) aiming for bigger goals. Last week Eli quickly caught the eye of the selectors who promptly slotted him into the all important spot of centre midfield in the Eastlakes Zone Soccer Team to compete at the Hunter Carnival in Week 10.
Consider the Carrots and Cucumbers!

Parents, just in case your child hasn’t told you! We do have absolutely mouth-watering salad wraps and salad boxes available for lunch on Thursdays and Fridays. And .... the real thing actually looks as good as the picture, unlike a number of food chains!

Has Mrs Sutton Attempted To Pull The Wool Over Our Eyes??

2/3S have camouflaged themselves and hidden behind various foliage trying to kidnap local sheep to shear in an attempt to stockpile wool for their latest craft project. We have sat our ‘country girl’ down and informed her that it’s much easier than that in the big city! Are there any parents or grandparents out there who have balls of wool that they would like to donate to 2/3S to save our staff sheep rustler from more hours of anguish?

Will Our Next Scalp Be a Redhead?

Our open boys Cricket Team take on Redhead next week in the second round of the state wide PSSA Knockout. Despite the team being a younger side with 75% year 5 boys, we are confident of a good showing after our comfortable first round win. The 25 over per side match will most likely be played at Redhead PS ground or Reay Park, Dudley. Watch this space for final location.

Go Girls

Three of our highly skilled Year 6 Netballers headed to the Zone trials last week in an attempt to be selected for the Hunter Carnival. The netball trials are the biggest attended sport trials in our zone often attracting over 100 girls for the seven spots. Naomi Mills, Mikayla Bull and Imogen Petrie put their best feet forward and all shone during the trial day. Their efforts are to be highly commended.

We’re Now Ready For Winter!

Late next week Lowes at Charlestown Square will finally have in stock our correct CSPS navy blue jackets!! Woohoo! The ladies at the store in charge of uniforms have been wonderful in fixing the glitches for us created by Lowes manufacturing department. As a token of goodwill for our patience at CSPS, Lowes will be putting on a day soon for CSPS parents whereby all purchases of uniforms or any other item from Lowes on that day will attract a 15% discount! We will let you know via many different media when that day is scheduled.

For those that did buy the blue and white piped, sleeved and collared jacket last year, as soon as the new one is stocked at the end of next week, you will be able to head in to Lowes and exchange that jacket free of charge for a new one! A good result in the end despite our frustration. Parents please seek out Lynne and Amanda at the Lowes store and thank them from CSPS as they have been incredibly helpful to us over this ‘waiting’ period.

Holiday Return Date

Next Friday we all head out for a well earned break after a superb term of learning and achievement. Special congratulations to our Kinders who have grown, achieved and settled in as well as any Kinders I have seen before. All students return for Term 2 on Tuesday April 21st. On the previous day our staff will be involved in a professional learning day and looking at the implementation of one of the most effective Numeracy programs being currently used in NSW schools, Targeted Early Numeracy (known as TEN).
Mr J’s Free Parenting Tip

Tables without legs are always a problem and really, quite useless. So, here are a couple of ways to put legs on your tables! Our kids need to know their times tables forwards, backwards, upside down and inside out if they are to master maths. Like it or not, tables are the basis of a large portion of many mathematical concepts. Here are 3 quick and easy ways to put legs on your tables:

1. There are a plethora of youtube clips that contain times tables songs that allow learning in a fun contemporary way. Find a couple of suitable clips that cater for your child’s level and sing along with them! If you want to keep the clip, bookmark it or save the youtube clip by putting ‘ss’ after the www. Which allows you to quickly and legally capture and save the youtube clip. Eg www.youtube.com/watch_tvvd56s would become wwwss.youtube.com/watch_tvvd56s. And it’s easy to keep from there!

2. Download on your hand held device the Quick Maths app. This will cost you around $2.50. The app includes ‘speed sums’ on addition, multiplication, division and subtraction whereby the user writes with their finger over the screen to answer the question. It’s brilliant! When I’m finished playing with it I’m going to let Lily have a go!

3. The good old Times Tables Chart! Just the visual chart in a prominent place (my mum stuck it on the back of the loo door!) can be a great teaching tool as well. Once they have mastered recital, head to random questions of different tables. It’s always good to start with the easier tables so as they experience success in order to spur them on. Start with 2s, 10s, 3s, 5s etc. Also show them pattern in tables eg 11 times tables 11, 22, 33, 44 spot the pattern yet?? For older kids, patterns like 9 times tables can assist 18, 27, 36, 45, 54, 63 …. The two digits in the answer all add up to 9!

Enjoy your time at the tables!

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**Diary Dates**

**March**
- Sat 28th  Election Day

**April**
- Wed 1st  Cross Country Fundraiser
- Wed 1st  Last Dance2beFit lesson
- Thurs 2nd  Last day of Term 1
- Tues 21st  Students return for Term 2

**May**
- Tues 5th  P & C Meeting
- Thurs 28th  Sports Carnival at Neegulbah Park - more details to follow

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**Principal’s Award**

**Term 1 Week 7**
- Jada Rinkin 2/3S

**Term 1 Week 8**
- Blade Jeffes 4/5K

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**Merit Awards for February /March**

**Bronze**
- Hannah Burton 1/2G
- Ebony Hanshaw 3/4B

**Gold**
- Naomi Mills 5/6W
Life Education Visit

Peer Support

More photos on our website!
Budding Writers

Last Wednesday, 5 of our budding writers, Keira Wilmott, Ayva Lawrence, Arabella Asis, Madeline Howard and Charles Dunn attended a workshop at the Newcastle Writer’s Festival with Anna Fienberg, author of the Tashi and Minton series. Our students were very fortunate to not only participate in the workshop, but to spend some one on one time with Anna and have their books signed.

Here are their thoughts from the workshop:

Keira - ‘practice makes perfect’
Madeline - ‘keep a journal and write a few sentences every day’
Charles - ‘great readers make great writers’
Ayva - ‘you can choose experiences from your life to make into a book’
Arabella - ‘you can use family members to base your characters on’

5/6W’s visit from Lachlan from Baker’s Delight

This term 5/6W has been learning about bread and how it is made. On the 18th March, we had Lachlan from Baker’s Delight come to teach us all about bread. Lachlan brought in different types of dough and bowls. When he arrived, he was dressed in his white baker’s uniform. Once he got into our room he put on a white beanie. He said it keeps his hair out of the dough/bread. He also explained how people who have beards need something called a beard net.

When Lachlan was set up he got a bit of dough out of a Baker’s Delight bag. He had two types of dough. One was called dead dough and this is because it didn’t have any yeast in it. He also had dough with yeast in it. He then put them both in a bowl full of water. The one without the yeast sank, but the one with the yeast floated. Lachlan taught us how to make bread called a plaited loaf. After he was finished explaining how he uses 150kg of dough a day and that he wakes up at 2.00am, he gave each of the students in 5/6W a free $1 coupon. He also gave us a bit of dough to play with. He answered all of our questions.

Just like all of my peers I am glad Lachlan came to Charlestown South to teach us about bread. Now 5/6W know a lot more about bread and yeast and we hope to still learn more in the next few weeks.

Written by Sam Green 5/6W
Nitbusters

The Nitbusters program is a NSW Health initiative to reduce the prevalence of head lice in the community. This project was developed in consultation with the NSW Federation of parents and Citizens Associations and the NSW Department of Education and Communities. It educates school children and parents about head lice and how to screen for and treat them as a community.

The program is aimed not at eradicating head lice but identifying and managing infestations. Nitbusters tries to educate communities through schools about the most effective ways to reduce populations of head lice by encouraging school ‘Nitbuster days’. These days are coordinated with parent volunteers, who use a fine-toothed nit comb and white hair conditioner to both screen for and treat head lice.

Unfortunately the complete elimination of head lice is not realistic; however, Nitbusters recommends a safe, effective and simple method of removing lice that can be used regularly to make the management of infestations easier. This involves keeping a good quality nit comb in the shower and training children to use it every time they wash their hair, even if their heads are not itchy.

We are coordinating a Nitbusters day in Term two and are asking for parent volunteers to lend a hand. If you can help please contact Kellie in the Office.

Star Struck Excursion notes due Thurs 26th March.
Also we are still looking for volunteers for our Nitbuster Program, please contact Kellie in the Office.
Our AGM was held on Tuesday 10 March 2015
Special thanks to all outgoing Office Bearers and congratulations to all incoming Office Bearers.
President Kirk Osgood
Vice President Rod Green
2nd Vice President Craig Barnes
Secretary Katrina Rich
Treasurer Leah Loades
Assistant Treasurer Kirstin Bridge
Canteen Committee Kim Moore & Sarah Stevenson
Fundraising Committee Kylie Thomas & Fiona Green
Thank you to all CSPS community for fundraising efforts. It has enabled us to purchase two new eskys for P & C use.
We will no longer have to beg and borrow. Also a fantastic new oven for the canteen which will make life a lot smoother for our hard working Canteen Helpers.
We urgently need volunteers for our election day BBQ on Saturday 28 March 2015. One of our focus areas for funding this year is the air conditioning of the hall. So come on everyone and help make the Eletion BBQ and Cake Stall a success. Please give your name and number to Kylie Thomas, Jill Hodson or Kellie Pascoe if you can spare an hour on Saturday. Remember many hands make light work!

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Special thanks to all outgoing Office Bearers and congratulations to all incoming Office Bearers.

**Canteen Roster**

**Thursday 26th March**
Mel Deen, Cassie Small,
Donna Aunei Mose

**Friday 27th March**
Kim Moore, Sarah Stevenson

**Thursday 2nd April**
Kim Moore, Sarah Stevenson

**Fun Run**
Sponsorship money is due Friday 27 March

**Tea towel orders have been extended to Friday 1st May**

**Uniform items for sale**
The following items are left from our sale - please see the Office staff to purchase them.
Dresses size 14, 16
Jumper size 16
Sports shirt size 16
Sports shorts size 8
Microfibre Jacket size 14
Microfibre pants size 8,10,12,14
The dresses are $20 each all other items are $10 each. Thank you.
Yoga

Friday mornings 9.15am-10.15am at The Place Community Centre, Charlestown Square. Come stretch, tone and relax. Cost $12 BYO mat.

Beginners welcome, enquiries Suzanne 0421076244
# Community Notices

## Springloaded April School Holiday Program

All programs are for ages 5-12 years unless stated in the timetable.

### Tuesday 7/4
- 9am-9.30am: Kinda Play*  
- 9.30am - 11.30am: Gymnastics Clinic  
- 12pm - 2pm: Circus Big Top  
- 2.30pm - 4.30pm: Junior Parkour  
- 5pm - 6.30pm: Teen Parkour (13-17)

### Wednesday 8/4
- 9.30am-11.30am: Wipeout Challenge  
- 12pm - 2pm: Trampoline Clinic  
- 2.30pm - 4.30pm: Super Session  
- 6pm - 8pm: Adult Gym (18+)

### Thursday 9/4
- 9am-9.30am: Kinda Play*  
- 9.30am - 11.30am: Junior Parkour  
- 12pm - 2pm: Gymnastics Bootcamp  
- 2.30pm - 4.30pm: Super Session  
- 5pm - 6.30pm: Teen Parkour (13-17)  
- 6.30pm - 8.30pm: Trampoline Wall Clinic (13+)

### Friday 10/4
- 10am - 4pm: Open Gym  
- Access to Both Gymnastics & Trampoline Park  
- Sessions start every hour on the hour.  
- Open Gym is all ages $15pp per hour

## Easter Opening Hours
- Fri 3/4 - 10am-4pm  
- Sat 4/4 - 10am-2pm  
- Sun 5/4 - Closed  
- Mon 6/4 - Closed

### Social Media
- [Find us on Facebook](https://www.facebook.com)  
- [Instagram](https://www.instagram.com)

## Bookings Essential

### Monday 13/4
- 9am-9.30am: Kinda Play*  
- 9.30am - 11.30am: Wipeout Challenge  
- 12pm - 2pm: Circus Big Top  
- 2.30pm - 4.30pm: Super Session  
- 6.30pm - 8.30pm: Adult Gym (18+)

### Tuesday 14/4
- 9am-9.30am: Kinda Play*  
- 9.30am - 11.30am: Gymnastics Bootcamp  
- 12pm - 2pm: Junior Parkour  
- 2.30pm - 4.30pm: Super Session  
- 6.30pm - 8.30pm: Teen Gym (13-17)

### Wednesday 15/4
- 9am-9.30am: Kinda Play*  
- 9.30am - 11.30am: Gymnastics Clinic  
- 12pm - 2pm: Wipeout Challenge  
- 2.30pm - 4.30pm: Super Session  
- 6.30pm - 8.30pm: Trampoline Wall Clinic (13+)

### Thursday 16/4
- 9am-9.30am: Kinda Play*  
- 9.30am - 11.30am: Trampoline Clinic  
- 12pm - 2pm: Circus Big Top  
- 2.30pm - 4.30pm: Super Session  
- 6.30pm - 8.30pm: Adult Gym (18+)

### Friday 17/4
- 10am - 4pm: Open Gym  
- Access to Both Gymnastics & Trampoline Park  
- Sessions start every hour on the hour.  
- Open Gym is all ages $15pp per hour

## Spring Highlighted
- Kinder Springers 9am - 10am Mon-Fri  
- Under 8 yrs Only - Full access to all areas in our Trampoline Park for 1 hour - Only $10pp*

Cost per person: 1 session - $17 | 2 sessions- $32 | 3 sessions- $45. *Kinda Play is $10pp/ps and Trampoline Wall Clinic is $20pp/ps. Sibling discounts are available for programs. Supervision for programs will be provided by staff at all times. * Kinder Springers must be accompanied by an adult at all times. Children under 7 yrs will need to have an adult inside the venue at all times. All children must have a water bottle and children staying for more than one session will need to bring lunch with them.

## Location
- Located at 26A Oakdale Rd, Gateshead 2290  